

**Clases Formación Deportiva - Campus Estado de México**

Te presentamos la oferta de **Clases de Formación Deportiva** para el semestre Agosto – diciembre 2024 en Campus Estado de México. Para poder participar en estas clases y talleres es necesario **inscribir la materia en IRIS del 22 al 29 de julio al momento de hacer tu horario académico.**

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| **CLAVE** | **NOMBRE** | **GRUPO** | **FRECUENCIA** | **HORA INICIO** | **HORA FIN** | **FORMADOR** |
| XBOX3001-XBOX3002-XBOX3003 | Box | 101-201-301 | Lu,Mi,Ju | 12:05 | 12:55 | José Vicenteño Enciso |
| XBOX3001-XBOX3002-XBOX3003 | Box | 102-202-302 | Ma,Mi,Vi | 12:05 | 12:55 | José Vicenteño Enciso |
| XESC3004-XESC3002-XESC3003 | Escalada deportiva | 101-201-301 | Lu,Mi,Ju | 14:05 | 14:55 | José M. Torres |
| XESC3004-XESC3002-XESC3003 | Escalada deportiva | 201-201-301 | Ma,Mi,Vi | 14:05 | 14:55 | José M. Torres |
| XTEN3013-XTEN3011-XTEN3012 | Tenis PMT1-PMT2-PMT3 | 101-201-301 | Lu,Mi,Ju | 09:05 | 09:55 | Adrian Fermin Moreno |
| XTEN3013-XTEN3011-XTEN3012 | Tenis PMT1-PMT2-PMT3 | 102-202-302 | Ma,Mi,Vi | 09:05 | 09:55 | Adrian Fermin Moreno |
| XTEN3013-XTEN3011-XTEN3012 | Tenis PMT1-PMT2-PMT3 | 103-203-303 | Lu,Mi,Ju | 10:05 | 10:55 | Adrian Fermin Moreno |
| XTEN3013-XTEN3011-XTEN3012 | Tenis PMT1-PMT2-PMT3 | 104-204-304 | Ma,Mi,Vi | 10:05 | 10:55 | Adrian Fermin Moreno |
| XTEN3013-XTEN3011-XTEN3012 | Tenis PMT1-PMT2-PMT3 | 105-205-305 | Lu,Mi,Ju | 11:05 | 11:55 | Adrian Fermin Moreno |
| XTEN3013-XTEN3011-XTEN3012 | Tenis PMT1-PMT2-PMT3 | 106-206-306 | Ma,Mi,Vi | 11:05 | 11:55 | Adrian Fermin Moreno |
| XTEN3013-XTEN3011-XTEN3012 | Tenis PMT1-PMT2-PMT3 | 107-207-307 | Lu,Mi,Ju | 13:05 | 13:55 | Ivan Rendon Sixtos |
| XFIT3022-XFIT3023-XFIT3024 | GAP glúteo, abdomen y pierna | 101-201-301 | Lu,Mi,Ju | 07:05 | 07:55 | Héctor M. Pedrozo |
| XFIT3022-XFIT3023-XFIT3024 | GAP glúteo, abdomen y pierna | 102-202-302 | Ma,Mi,Vi | 11:05 | 11:55 | Cecilia Navarro Hernandez |
| XFIT3022-XFIT3023-XFIT3024 | GAP glúteo, abdomen y pierna | 103-203-303 | Lu,Mi,Ju | 17:05 | 17:55 | Ricardo R. Hernández |
| XFIT3022-XFIT3023-XFIT3024 | Pilates | 110-210-310 | Ma,Mi,Vi | 09:05 | 09:55 | Cecilia Navarro Hernandez |
| XFIT3022-XFIT3023-XFIT3024 | Cross training | 120-220-320 | Lu,Mi,Ju | 10:05 | 10:55 | Hector M. Pedrozo Narvaez |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 101-201-301 | Lu,Mi,Ju | 07:05 | 07:55 | Yazmina Edith Gómez Alva |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 102-202-302 | Ma,Mi,Vi | 07:05 | 07:55 | Yazmina Edith Gómez Alva |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 103-203-303 | Lu,Mi,Ju | 08:05 | 08:55 | Mónica Nieves Medina Lerma |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 104-204-304 | Lu,Mi,Ju | 09:05 | 09:55 | Yazmina Edith Gómez Alva |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 105-205-305 | Ma,Mi,Vi | 09:05 | 09:55 | Yazmina Edith Gómez Alva |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 106-206-306 | Lu,Mi,Ju | 10:05 | 10:55 | Mónica Nieves Medina Lerma |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 107-207-307 | Lu,Mi,Ju | 11:05 | 11:55 | Jonatan Rivera Pérez |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 108-208-308 | Ma,Mi,Vi | 11:05 | 11:55 | Jonatan Rivera Pérez |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 109-209-309 | Lu,Mi,Ju | 12:05 | 12:55 | Jonatan Rivera Pérez |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 110-210-310 | Ma,Mi,Vi | 12:05 | 12:55 | Jonatan Rivera Pérez |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 111-211-311 | Lu,Mi,Ju | 13:05 | 13:55 | Porfirio Mendoza Flores |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 112-212-312 | Ma,Mi,Vi | 13:05 | 13:55 | Jonatan Rivera Pérez |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 113-213-313 | Lu,Mi,Ju | 14:05 | 14:55 | Porfirio Mendoza Flores |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 114-214-314 | Ma,Mi,Vi | 14:05 | 14:55 | Porfirio Mendoza Flores |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 115-215-315 | Lu,Mi,Ju | 15:05 | 15:55 | Porfirio Mendoza Flores |
| XNAT3016-XNAT3017-XNAT3018 | Natación PMT1-PMT2-PMT3 | 116-216-316 | Ma,Mi,Vi | 15:05 | 15:55 | Porfirio Mendoza Flores |